

Resident Assistants and First-Year Mentor Intercultural Sensitivity Training/Increasing Intercultural Competence

1. Introduction
2. We are all CULTURAL BEINGS
 - a. Onion/Layers of Culture:
 - i. Draw a large circle and then 10 smaller circles within the circle
 - ii. The outside circle is who you are that EVERYONE can see
 - iii. As you go in, there are parts of you that others do not know
 - iv. Use nouns not adjectives-- Examples:
 1. I am a woman
 2. a teacher
 3. a mother of 6
 4. a wife
 5. a sister to 9
 6. an aunt to 35
 7. an Irish Catholic
 8. a Missourian
 9. a Midwesterner
 - b. after completing diagram, share with a partner (groups of 2 or 3)
 - c. discuss as a large group
3. Language Exercise - "Redundancia"

- a. Talk about your favorite trip – group of 2 or three...one speaker, listeners then switch.
- b. For every verb, you have to use two verbs
 - i. For example, I went traveled to Brazil
- c. Talk for two minutes – do not stop or give up!
- d. Discuss:
 - i. How difficult was this?
 - ii. What happened?
 - iii. How does this relate to being an RA?

4. Scenarios

- a. Get into small groups of 4-5
- b. Read the scenario aloud
- c. Discuss the situation:
 - i. What is the problem?
 - ii. What feelings are involved?
 - iii. What is a possible solution?

5. Explain Culture Bumps