

- **Successful Internship becomes Full-Time Career**
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It is always a great idea to plan ahead! Who knows what life will throw at you next?

Career Center News

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F.B.I. Highly Impressed With Park Student By: Sean Crellin



She was president of the psychology club, and a junior at Park University, things were good for Adrienne Barr. As is usual for a college student, Adrienne needed some money. She had met Traci Klasing, Assistant Director of Career Development, who told her if she ever needed help finding a job or internship feel free to come in and see her. When Adrienne went to see Traci, she had the perfect internship for her.

Adrienne applied for the FBI's honor internship program in early October. The process of getting hired was extensive, involving multiple polygraphs and an intensive background check consisting of interviews of family, friends and bosses. The application process was not just left to the FBI to complete;

Adrienne had to do a few things to get the internship such as writing essays and interviewing with multiple agents. Against the odds she managed to outshine the more than 200 applicants from the KC area to get one of the 6 internships offered for this area.

As a psychology major, Adrienne was placed in the behavioral science unit as an intern. Her first week in Quantico, VA was very intense and at times a little overwhelming, but after a few weeks she learned where everything was and had loads of fun. She credits one of her bosses with helping her learn an important rule; keep your eyes open and your mouth shut. Interns at the FBI are not used to receiving praise, but Adrienne would prove, yet again, to be a shining star, receiving an award in front of the entire behavioral science unit after, in her own words, "kicking some major (lower body part) on a large project."

Out of the 200 interns, less than 10 were offered jobs, Adrienne receiving the privilege of being one of them. She is currently living in Virginia working as a consultant for the FBI. Everything is different for her now: new car, new state, big pay raise, and one that she is particularly proud of, a new glass top desk. Her experience has helped her to solidify her interest in obtaining a law degree. We look forward to seeing Adrienne back at Park University in May when she will be walking across the stage. Adrienne believes that the key to success is getting involved and getting an internship.



By: Danielle Green

Skip the Stress of the Dreaded Midterms

We are all familiar with that wonderfully action-packed time in October when the world comes falling in on you at once. Every class deadline is approaching. You have 4 projects, 6 papers, 3 presentations, work, and sports, all on top of your actual in-class midterm exams. Give yourself a break and skip the stress by using these painfully simple tips:

1. **Don't procrastinate**— Make sure you schedule time into your busy life to get a jump on those papers, projects, and presentations. Save time to study early as well. Every little bit helps. Tell yourself you will review or write a little everyday for at least 10-20 minutes. You'll be done with your work in no time.
2. **Just say no and GO!** As we approach mid-semester, the enthusiasm for the new school year fades. We start to allow our social night life to take over our academic day. No matter how great of a student you promise yourself you'll be this year, you will be tempted to skip class at some point. Don't do it!
3. **Have an Escape**— In life, we all have passions, things that let us escape and get entirely lost in whatever it is we love to do. When you feel the onset of stress; go for a run, meditate, paint, play a video game, go out to eat with a friend, whatever works for you. You deserve a break!

A Closer Look at Quantico

By: Sean Crellin



Joel Sealer may look like an ordinary businessman at first appearance, but if you take a closer look you might be surprised by what you would find. He has worked as an FBI Agent in many cases over the years including the Oklahoma City bombing.

Joel believes the most rewarding part of his job is the ability to make a positive difference in someone’s life. He remembers one case in which a lady kidnapped a baby out of a hospital. Using the training the FBI provided, as well as hard work, he and a team of agents were able to recover the baby in perfect condition. Many years later he had the opportunity to see the girl again and was pleased to find out that she turned out as an unharmed, grateful young girl, which was due, in part to Joel.

He is also in charge of the FBI’s Honors Intern program at the Kansas City Field Office. The Honors program is a paid internship that allows students the opportunity to intern at FBI Headquarters in Quantico, VA for the summer. There are certain things he looks for in the prospective interns: well rounded, and highly motivated people with a reputation of being a good employee. He recalls when he interviewed Adrienne Barr that she was smart, had a great academic record, was very enthusiastic about the internship, and in general seemed to be “on the ball.”

The FBI itself is always looking for good people to join its ranks in helping protect America from threats and attacks. They currently have a shortage of employees with language skills in Russian, Arabic, and Farsi. Although traditionally speaking, the FBI only hires United States Citizens; they are making exceptions with consulting jobs. The FBI also looks highly upon previous military experience, computer science skills, or other work in the intelligence field. If you would like to find out more information about the FBI’s Honors Intern program, or one of their other internships or jobs the best place to find it is at their website, www.fbijobs.gov



He Could Psych You Out!

By: Danielle Green

Though Douglas Busch once said “Behavioral psychology is the science of pulling habits out of rats,” I think Dr. Brian Cowley may disagree. He is the department chair of Psychology here at Park University. With a Bachelors Degree in Psychology from Utah State, a Masters in Behavior Analysis and Therapy, a Ph.D. in Developmental Child Psychology from the University of Kansas, and clinical work with brain injuries, abuse, and mental disabilities (just to name a few) no one can deny that Dr. Cowley is a renaissance man. He has been teaching psychology for 12 years at 3 different colleges. However, if he wasn’t in this profession, he’d be farming or ranching somewhere in Utah or Southern Idaho. When asked what type of job a student with a psychology degree could attain, he said, “The great thing about psychology is that it can be applied in any industry with people.” The most rewarding thing about teaching the subjects he is so passionate about is seeing his students evolve. As students progress through these classrooms they think less like teenagers and more like professionals. They start to grasp the power of the knowledge they now hold. Dr. Cowley knew our feature student, Adrienne Barr. In fact, he was contacted by the FBI as a reference for the background check. He said, “Adrienne Barr was a leader in our department, a great student, and really bridged the gaps between psychology and other departments...” One department in particular was the criminal justice department. He went on to say “This internship was a great fit for her. It was very competitive and she was very interested.” This just goes to show that passion and determination are the key ingredients to achieving your dreams.

Upcoming Events for Career Development

Etiquette and Networking Dinner

Tuesday, October 7th 2008

6:00 p.m. Registration and Networking Hour

7:00 p.m. Dinner

Ambassador Room - Embassy Suites Hotel - KCI

Registration for students is \$20 per person. Contact the Career Development Center in Mabee 406 and speak with Susan at 816-584-6330. Deadline for registration is September 30th.

Park University Career Fair

Wednesday, October 29th 2008

10:00 a.m. to 1:00 p.m.

Breckon Sports Center-East Dome- Parkville Campus

Go to www.park.edu/career for more information