Dr. Karman E. Romero

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## Education

PhD, University of Kansas School of Nursing, 2020

Major: Nursing

Minor: Nursing Education

Dissertation Topic: Improving Breastfeeding Education

BSN, University of Utah, 2003

Major: Nursing

## Professional Positions

Academic

Assistant Professor of Nursing, Park University (2021-present)

Assistant Professor of Nursing, Missouri Western State University (2017-2020)

Adjunct Clinical Instructor, KU School of Nursing, (2017-2020)

Graduate Research Assistant, KU School of Nursing, (2017-2020)

Professional

PRN Float Nurse (OB), Saint Luke’s Health System (2020-present)

Staff Nurse (OB), Truman Medical Center. (2007-2020)

Lactation Consultant, Truman Lakewood. (2014-2016)

Staff Nurse (OB/NICU), Liberty Hospital (2006-2007)

Staff Nurse (OB), Sharp Mary Birch Hospital (2004-2006)

Staff Nurse (Family Care Unity, Mental Health Unit), Iverson Memorial Hospital (2003-2004)

## Licensures and Certifications

Registered Nurse, Missouri State Board of Nursing

International Board-Certified Lactation Consultant

Basic Life Support

Neonatal Resuscitation Program

## Professional Memberships

Sigma Theta Tau International (Delta and Omicron Nu Chapters) (2017- present)

Midwest Nursing Research Society (2017-present)

Research Interest Group- Women’s Health & Childbearing (2017-present)

Emerging Scholar Network member (2017-present)

**Life Long Learning Activities**

Clinical Faculty Academy (2016)

Midwest Nursing Research Society Conference (2019 student volunteer, 2020, 2021)

## TEACHING

## Teaching Experience

**Park University**

**Simulation**

Nursing 320, Fundamentals of Nursing

Nursing 335, Adult Health I

**Lab**

Nursing 320, Fundamentals of Nursing

**Clinical**

NUR 419, Women, Children, & Families

Nursing 335, Adult Health I

Missouri Western State University

NUR 303, Introduction to Clinical Nursing (clinical component)

NUR 459, Research Applications (RN-BSN program)

NUR 479, Capstone (RN-BSN Program)

NUR 314, Quantitative Analysis (RN-BSN Program)

NUR 402, Maternal/Newborn Care (BSN Program)

## RESEARCH

## Research in Progress

momHealth: Mobile Multiple Health Behavior Change in Teen Pregnancy & Parenting. R21HD088913. Eunice Kennedy Shriver National Institute of Child Health and Human Development - NICHD. Wambach, K., Davis, A. & Nelson, E. Co-PIs. -Role: Graduate Research Assistant (09/2017 – 8/31/2020)

**Poster Presentations**

Romero, K., Beck, M., Johnson, A., & Roden, K. (2018, April). Evaluation of the Nurses Cultural Competency Knowledge, Skills, and Attitude Instrument. University of Kansas Medical Center Student Research Forum, Kansas City, KS

Romero, K., Wambach, K., Peltzer, J., Williams, K., Liebl, L., & Hull, H. (2020, April 3). *The experiences of mothers who attend breastfeeding support groups* [Poster presentation]. Midwest Nursing Research Society Annual Conference (virtual), Schaumberg, ILL.

Wambach, K., Davis, A., Nelson, E., Romero, K., Heydinger, M., Murray, M. & Nichols, A. (2020, March 4).  *Adolescent mothers’ early breastfeeding experiences* [Poster presentation]. Midwest Nursing Research Society Annual Conference (virtual), Schaumberg, ILL.

Wambach, K., Davis, A., Nelson, E., Romero, K., Heydinger, M., Murray, M. & Nichols, A. (2020, March 4).  *Adolescent mothers’ early breastfeeding experiences* [Poster presentation]. Frontiers Research Day, Overland Park, KS.

**Podium Presentations**

Romero, K., Wambach, K., Peltzer, J., Williams, K., Liebl, L., & Hull, H. (2021, April 26). *The experiences of mothers who attend breastfeeding support groups* [Podium presentation]. Midwest Nursing Research Society Annual Conference, Virtual.

Nelson, E; Davis, AM, Wambach, K, Romero, K, Murray, M, Muzzy, R, Pina, K, & Swinburne Romine, R. (2020, March 19). momHealth: A multi-behavior health change, technology-supported intervention for adolescent mothers. Paper presented in symposium "Pushing the Boundaries for Intervention through Video-Based Telehealth: Three Active Trials in Pediatric Psychology” at Society of Pediatric Psychology Annual Conference (conducted virtually due to COVID 19 pandemic).

**Published Works**

Murray, M., Wambach, K., Nelson, E.L., Swinburne Romine, R., Romero, K., Heydinger, M., Sabol, K., Muzzy, R., Hack, T. Maloney, K., Nichols, A., Davis, A.M. (In Review, 2020). momHealth: Design, rationale, and application of a multiple health behavior change intervention for pregnant and parenting teens using mobile technology. *Contemporary Clinical Trials.*

Romero, K., Wambach, K., Peltzer, J., Williams, K., Hull, H., & Liebl, L. (In Review, 2020). A proposed curriculum for hospital-based breastfeeding support groups. *Clinical Lactation*.

Trotter, T.L., Dilorom, D.M., & Romero, K. (2018). Broadening horizons: Post-doctoral training opportunities for doctorally-prepared nursing graduates. In H. W. Lack, J. L. Larson (Eds.), Midwest Nursing Research Society news. *Western Journal of Nursing Research. 40* (5), 767-770. doi: 10.1177/0193945918762466

**Awards**

Taunton First Place Medal for School of Nursing Award (KUMC Student Research Forum, 2018)

Session G First Place Award Poster Presentation (KUMC Student Research Forum, 2018)

New Birth Company Award (to fund dissertation research, 2019)

## SERVICE

## Public Service

La Leche League Leader (2010-present)

**Academic Service**

**Park University**

APG Committee (2021-present)

Curriculum Committee (2021-present)

New Faculty Reconnects (2021)

**Missouri Western State University School of Nursing and Health Professions**

Curriculum Committee (2019-2020)

Admissions, Progression, and Graduation Committee (2017-2020)

Third Semester Leader (2019-2020)

Hiring Committee (2018-2020)