

**Associate of Arts (A.A.), Emphasis in Exercise Science**  
**Park University B.S Sport and Exercise Science Transfer Guide**  
[Check the TES for transfer credit to Park University](#)

Note: Suggest the AA instead of the AAS if transferring to Park



Requirement	Credits	Term Taken	Grade
<b><i>First-Year Compositions</i></b> + ENG101 (3) OR + ENG107 (3) AND + ENG102 (3) OR + ENG108 (3)	6		
<b><i>Oral Communication</i></b> COM100 (3) OR + COM225 (3)  <i>Recommend COM225</i>	3		
<b><i>Critical Reading</i></b> + CRE 101 (3) OR Equivalent as indicated by assessment (0)	0-3		
<b><i>Mathematics</i></b> +MAT 150 (5) OR +MAT 151 (4) OR +MAT 152 (3) OR	3-9		
<b><i>Humanities, Arts and Design [HU]</i></b> Recommend PHI214 to meet Park Ethics Requirement	3		
<b><i>Computer/Statistics/Quantitative Applications [CS]</i></b> Met by GBS221 or MAT206 or PSY230 in the Required Courses area.	0		

<p><b>Literacy &amp; Critical Inquiry [L]</b> Met by EXS290</p>	0		
<p><b>Social-Behavioral Sciences [SB]</b>  Met by PSY101 (3)</p>	3		
<p><b>Natural Sciences [SG]/[SQ]</b> Bio201 (4) [SG] ([SQ] Met by CHM under restrictive electives)</p>	0-8		
<p><b>Cultural Diversity in the US [C]</b> <b>Check the <a href="#">TES</a> for transfer credit to Park University and the AGEC Matrix</b></p>	0-3		
<p><b>Historical/Global Awareness [H]/[G]</b> <u>One</u> of the following: POS 140, HIS 110, HIS 111  (Courses that satisfy Park's citizen requirement)</p>	0-3		
<p><b>Oral Communication (COM)</b> +COM 225 OR COM 100  Recommend COM225</p>	0-3		
<p><b>Critical Reading (CRE)</b> + CRE101 College Critical Reading and Critical Thinking (3) OR Equivalent as indicated by assessment (0)</p>	0-3		

<p><b>Required Courses</b>  EXS101 Introduction to Exercise Science (3)  + EXS290 Introduction to Evidence-Based Practice (3)  and  FYE101 Introduction to College, Career and Personal Success (1) OR  FYE103 Exploration of College, Career and Personal Success (3) 1-3</p> <p>and  + MAT206 Elements of Statistics (3) OR  + PSY230 Introduction to Statistics (3)</p> <p>and  PSY101 Introduction to Psychology (3)</p>	<p>13-15</p>		
<p><b>Restrictive Electives</b>  + CHM150 General Chemistry I (4) AND  + CHM151LL General Chemistry I Laboratory (1) OR  + CHM150AA General Chemistry I (5) OR  + CHM151 General Chemistry I (3) AND  + CHM151LL General Chemistry I Laboratory (1) OR  + CHM151AA General Chemistry I (4) 4-5</p> <p>+ EXS215 Resistance Training and Recovery Techniques 3  + EXS146 Introduction to Exercise Testing (1)  + EXS215 Resistance Training and Recovery Techniques (3)</p> <p>2-3 additional credits from the restricted Elective section, see academic advisor for course selection</p>	<p>17-47</p>		

<p><b>Additional Park Requirements</b></p> <p>FON 100 Introduction to Nutrition (3)</p> <p>+EXS 215 Resistance Training and Recovery (3) Techniques</p> <p>+EXS 125 Introduction to Exercise Physiology (3)</p> <p>+EXS 146 Introduction to Exercise Testing (1)</p> <p>+BIO 202 (if Bio 201 was taken under [SG])</p> <p><b>Social Science [SB]</b>  <b>Select <u>ONE</u> of the following</b>  ECH176, CFS205, CFS235, AJS101, AJS225, SOC251, POS120, PSY101, PSY240, SO251, ECN211, ECN212, GBS132, HIS103, HIS104</p> <p><b>Additional Humanities, Arts and Design [HU]</b>  <b>Select <u>ONE</u> of the following</b>  ARH 100, ARH 101, ARH 102, ENG200, ENH 110, ENH 214, COM 110, COM 263, MCO 120  PHI 100, PHI 214, SPA 117, SPA 201, SPA 202, REL 100, THP 112</p> <p>(ENH 114 satisfies [C] and ARH101, ARH102 Satisfies [H])</p>			
<p><b>B.S. Concentration choices:</b>  <i>Exercise Physiology</i>  <i>Health Promotions</i>  <i>Fitness Management</i>  <i>Sports Performance concentration</i></p>			